

Nursery Safety Checklist

Check before baby uses the room, and again as your child grows or the setup changes. Share with everyone who cares for your baby.

Checked by: _____ Date: _____

- ☐ Place baby on their back for every sleep in a firm, flat, bare crib, bassinet, or play yard.
- ☐ Only a fitted sheet is in the sleep space; no pillows, toys, bumpers, or loose bedding.
- ☐ Dressers, shelves, and other furniture that could tip are anchored per manufacturer instructions.
- ☐ Window-covering and device cords are out of reach, away from sleep, changing, and play areas.
- ☐ Outlets are covered.
- ☐ Rugs have anti-slip pads.
- ☐ Changing supplies are within adult reach; keep a hand on baby and never leave baby unattended.
- ☐ Medications, creams, batteries, and small objects are stored out of reach.
- ☐ Smoke and CO detectors are installed and tested.
- ☐ Recalls have been checked before use.
- ☐ Stop swaddling at the first signs of trying to roll; avoid weighted sleep products.
- ☐ Play yard uses only its supplied mattress or pad, secured as instructed, with no extra padding.

Always follow product instructions and check recalls. This is a general reminder, not medical advice, a complete home assessment, or a safety certification.

CPSC Safe Sleep: <https://www.cpsc.gov/SafeSleep>

AAP Safe Sleep: <https://www.aap.org/en/patient-care/safe-sleep/>

CPSC Anchor It!: <https://www.anchorit.gov/>

CPSC Play Yards: <https://www.cpsc.gov/FAQ/Play-Yards>